

Willand School Autumn Menu 2026



Weeks commencing: 7 September, 28 September, 19 October, 16 November, 7 December

Week one

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Main Option</u>	Oven baked pork meatballs <i>GF/DF</i>	Homemade lasagne <i>GF</i>	Gammon and pineapple <i>GF/DF</i>	Oven baked Sausages <i>GF/DF</i>	Oven baked Salmon Fingers <i>GF/DF</i>
<u>Meat Free Main Option</u>	Oven baked vegan balls in homemade tomato sauce <i>DF</i>	Veg pasta bake <i>GF/DF</i>	Homemade cheese & broccoli bake	Quorn sausages <i>DF</i>	Vegetarian pizza <i>GF</i>
<u>Potato & Sides</u>	Spaghetti Green beans Crisps	Garlic bread Mixed veg Tomato sauce	Roast/mashed potatoes Fresh Carrots Gravy	Pasta or mash Baked beans/ peas	Chips or Pasta Seasonal vegetables Tomato Sauce
<u>Dessert</u>	Arctic Roll	Chocolate cracknel	Orange jelly and mandarins	Rice pudding	Homemade cookie

Alternative options available each day
PASTA POTS – choice of fillings: Italian tomato sauce or cheese
JACKET POTATO – choice of fillings: cheese, beans or tuna
WRAPS – choice of fillings: Ham, chicken or cheese



Weeks commencing: 14 September, 5 October, 2 November, 23 November, 14 December

Week two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Main Option</u>	Butchers oven baked Westcountry beef burger in a plain bap <i>GF/DF</i>	Chicken Fajitas <i>GF/DF</i>	Toad in the hole <i>GF/DF</i>	Homemade chicken curry Naan bread and wholegrain rice <i>GF/DF</i>	Harry Ramsden's Fish <i>GF/DF</i>
<u>Meat Free Main Option</u>	Oven baked Vegetarian burger in a plain bap <i>DF</i>	Quorn Fajitas <i>DF</i>	Vegetarian toad in the hole <i>DF</i>	Macaroni cheese in homemade sauce	Homemade cheese wheel
<u>Potato & Sides</u>	Potato wedges/pasta Baked beans/peas	Rice/pasta Mixed vegetables	Roast/mashed potatoes Yorkshire pudding Fresh Carrots Gravy	Green Beans Crisps	Chips / pasta Seasonal vegetables Tomato Sauce
<u>Dessert</u>	Ice cream and peaches	Apple and oat muffin tray bake	American Pancake and cream	Strawberry jelly and fruit cocktail	Iced sponge

Alternative options available each day
PASTA POTS – choice of fillings: Italian tomato sauce or cheese
JACKET POTATO – choice of fillings: cheese, beans or tuna
WRAPS – choice of fillings: Ham, chicken or cheese



Weeks commencing: 21 September, 12 October, 9 November, 30 November

Week three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Main Option</u>	Pepperoni Pizza <i>GF/DF</i>	Homemade Italian Bolognese <i>GF/DF</i>	Roast turkey with sage and onion stuffing <i>GF/DF</i>	Homemade Sausage Rolls <i>GF/DF</i>	Oven baked Fish Fingers <i>GF/DF</i>
<u>Meat Free Main Option</u>	Cheese pizza <i>GF/DF</i>	Quorn chicken noodles <i>DF</i>	Cheese & onion pasty	Cauliflower cheese in homemade sauce	Oven baked vegetarian fingers <i>DF</i>
<u>Potato & Sides</u>	Potato wedges/pasta Sweetcorn	Spaghetti Garlic bread Green beans Crisps	Roast/mashed potatoes Fresh carrots & swede Gravy	Pasta/mash Baked beans/peas	Chips / pasta Seasonal vegetables Tomato sauce
<u>Dessert</u>	Meringue nests, peaches and cream	Healthy fruit crumble Custard	Cheese and crackers or Smoothie	Fruit Cocktail and ice-cream	Homemade healthy flapjack

Alternative options available each day
PASTA POTS – choice of fillings: Italian tomato sauce or cheese
JACKET POTATO – choice of fillings: cheese, beans or tuna
WRAPS – choice of fillings: Ham, chicken or cheese

KEY: GF – Gluten free DF – Dairy free