



Congratulations to this

weeks winner – Somerset with 202 points!

2nd: Dorset – 164 3rd: Devon – 145 4th: Cornwall – 144

Overall scores for the term:

Devon	Dorset	Somerset	Cornwall
1277	1336	1380	1236

Great effort everyone!

Nasal Flu Vaccine – Thursday, 13th November

We would like to remind parents that they must **opt in** to this programme by Midday on Tuesday, 11th November using the following link and code below:

Link: <https://www.kernowimmunisations.co.uk/Forms/Flu>
School code: **DV113114**

We regret that without a submitted consent form children will not be vaccinated.

Class Assembly

5C class are holding their class assembly this **Friday, 7th November** at 9.10 am. All parents of these children are welcome to come and watch. Entrance to the hall will be via the Foundation Stage doors.



Harvest Assembly

Thank you so much for your generous donations for Harvest. The Y6 school councillors, house

captains and vice house captains, along with Mrs Howard, Mrs Chidgey and Miss Shapcott, delivered 24 bags full of food items to the Willand Pantry, giving back to our local community and supporting those around us who may need help.

Royal British Legion Poppy Appeal

Year 6 will be visiting classes this week with Poppies and appeal goods, which are available to purchase in class for a suitable donation.



Children in Need - Friday 14th November

The school council would like to remind children to wear their favourite colour or something with a splash of it for Children in Need Day (this will be a non-school uniform day) - if you would like to donate, it will be most welcome on the day.



This a date for your diary as there are more plans to follow!

Attendance

As part of Devon County Council's drive to improve school attendance, we will be sharing our attendance statistics with you for the week ending Thursday, 23rd October

Year Group	%Attendance	Year Group	%Attendance
Reception	86.93	3	95.75
1	88.46	4	92.94
2	89.01	5	88.31
		6	87.50

The Current National figure for comparison is 95.4%

Congratulations to Mrs Gilding (Miss Whitfield) ...

Who got married during the half-term break. We send all our best wishes to both her and her husband John.



Goodbye and good luck to Mrs Jenkins

Mrs Jenkins has been a teaching assistant at the school for over 10 years. We wish her all the very best of luck as she moves to work with young adults in further education.

School Tours for Reception Intake 2026

Our next school tour date for parents of children due to start school in September 2026 is on

Monday 10th November @ 9:30am and 1:30pm.

If you are interested in viewing the school, please email office@willand.devon.sch.uk or telephone 01884 820367 to book a tour date; we look forward to seeing you!



KS1 (Yr 1 & 2) Nativity

KS1 Nativity called 'The Inn-spectors' will be on the 10th December. There will be two performances one at 9:30am until approx 11 am and one at 1:30pm. There will not be an evening performance.

*Thank you for your
continued support
Naomi Tottle
Headteacher*

Online Safety – 'Wake Up Wednesday'

Attached are the latest top tips from the National College. This week's theme is ...

'Supporting Children to Deal with Upsetting Content'

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to military conflicts around the globe, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. Wake up Wednesday has put together some advice to help parents in discussing upsetting events with young ones.

As always, if you have any questions relating to online safety, please contact Mrs Maynard (Online safety Lead)



SEND Information

We would like to introduce the School Nurse Service, which offers support with:



- going to the toilet or having toileting accidents (bladder and bowel)
- healthy eating, exercise or growth or both (including weight)
- medical condition or worry about health
- feelings and emotions (wellbeing and anxiety)
- feeling safe or unsafe around family or friends at home or in the community
- special educational needs and disabilities (SEND)
- sexual health and relationships (including gender and identity)
- sleep
- smoking, alcohol or drugs (or both)
- moving school, changes at school, or not attending school

If Parents and carer feel the team may be able to offer support, they can self-refer by emailing easternphnhub@devon.gov.uk or calling PHN (Public Health Nursing) Hub. **Tel: 0333 234 1903**

Adventure Playground

After months of waiting the installation of the adventure playground took place over half term, risk assessments have now been drafted, and children will be using it this week. It has been wonderful to see a project finally come to fruition and see the children's joy at being able to have such a wonderful resource.

I must give massive thanks to all the PTFA members and supporters who have helped fundraise for this. You have all been amazing and your support has been so greatly appreciated.



Mealtime Assistant Vacancy

We are looking to recruit Mealtime Assistants to support lunchtimes. You will be required to work for 1 hour a day, 5 days per week with a starting salary of £12.36 per hour.

The school is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment.

Application forms and further details are available from the school office or by emailing admin@willand.devon.sch.uk.

Interviews will be held later this term.

Parent Parking

When parking at the start and end of the school day, please can parents be mindful of other. We have received reports that parents are parking on pavements, in places over halfway up, making it unsafe for those with buggies, young children and the disabled.



Contact us: Telephone: 01884 820367 / 829463 Website: www.willand.devon.sch.uk Email: office@willand.devon.sch.uk
governors@willand.devon.sch.uk lunches@willand.devon.sch.uk absence@willand.devon.sch.uk
Online Payments: <https://login.schoolgateway.com> PTFA: willandschoolptfa@gmail.com

**Willand School Lunch Menu for week commencing
Monday, 10th November**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork meatballs Vegan balls	Chicken Nuggets Quorn Dippers	Gammon and pineapple Cheese & Broccoli bake	Sausages Quorn sausages	Salmon Fingers Vegetarian Pizza
Spaghetti Green beans Crisps Salad Bar	Pasta/waffles Sweetcorn Tomato sauce Salad Bar	Roast/Mashed Potatoes Fresh Carrots Gravy Salad Bar	Pasta or mash Baked beans/ peas Salad Bar	Chips or Pasta Seasonal vegetables Tomato Sauce Salad Bar
Arctic Roll Fresh Fruit Yoghurt	Chocolate cracknel Fresh Fruit Yoghurt	Orange Jelly and mandarins Fresh Fruit Yoghurt	Selection of cake Fresh Fruit Yoghurt	Homemade Cookie Fresh Fruit Yoghurt

PASTA POTS with Italian tomato sauce or cheese
JACKET POTATO with cheese, beans or tuna
WRAPSWITH FILLINGS: Ham, Chicken or Cheese

Kids Holiday Heroes

Wrap around care at Willand School

We are open from 8-9am and from 3.30-5.30pm Mon-Thurs and 3.30-5pm Friday. The service will be available for all children from Year 2 to Year 6.

The cost of wrap around care will be £5.80 per hour.

During our breakfast club from 8am to 9am we provide your child with a healthy breakfast. A healthy snack and drink will be available during the after-school club.

For Bookings or any further questions, please email bookings@kidsholidayheroes.co.uk

EVENTS

Please see the noticeboard outside the school office for the following events

Diary **DATES**

to remember...

Friday 7th November	Class 5C Assembly
Mon 10 th – Fri 14 th November	Anti-bullying week
Monday 10 th November	Parent Tour for Reception '26 @ 9:30am & 1:30pm
Tuesday 11 th November	Armistice Day
Thursday 13 th November	Flu immunisations
Friday 14 th November	BBC Children in Need Day
Friday 14th November	Class 5S Assembly
Tuesday 18 th November	Parent Tour for Reception '26 @ 9:30am & 1:30pm
Friday 21 st November	Parent Tour for Reception '26 @ 9:30am & 1:30pm
Friday 28th November	Class 3P Assembly
Tuesday 9 th December	Y1 & 2 Play Dress Rehearsal @ 1:45pm
Wednesday 10 th December	Y1 & 2 Play @ 9:30am & 1.30 pm
Thursday 11 th December	Save the Children Christmas Jumper Day
Friday 12 th December	Reception Classes Christmas Celebration @ 9:15am
Monday 15 th December	Reception & KS1 Christmas Party
Tuesday 16 th December	KS2 Christmas Party
Wednesday 17 th December	Christmas Lunch
Friday 19 th December	Non pupil Day
Monday 22 nd December	Start of Christmas Holiday

For full calendar of events, please click below –
<https://willand.devon.sch.uk/Calendarofevents.pdf>



We are very excited to announce that Charlotte Hooper will be bringing Lyrical Dance to the studio starting Thursday 6th November.

Over 50's class : 10.15-11.15am

7yrs plus 4.15-5pm.

11yrs plus 5.15-6pm.

45 mins class £7.00 60 mins class £8.50 pay as you go

to book please email or text Mrs B: fonabartlett@me.com /07900 557081

Charlotte trained professionally in Dance and Musical Theatre in London and since graduating has been working professionally in theatre companies and events across the UK.

Charlotte is thrilled to be offering some new and exciting classes to the area. She will always bring energy, patience and a safe environment to all her classes and loves seeing growth in students. Charlotte cannot wait to meet you and dance together.

The Marisa Wood School of Dance, Unit T, Langlands Business Park, Uffculme, Devon. EX15 3DA



Please note that we are unable to check on the validity of the companies or the people running the schemes, and if those working with children have the correct police checks.

Contact us: Telephone: 01884 820367 / 829463 **Website:** www.willand.devon.sch.uk **Email:** office@willand.devon.sch.uk
governors@willand.devon.sch.uk lunches@willand.devon.sch.uk absence@willand.devon.sch.uk
Online Payments: <https://login.schoolgateway.com> **PTFA:** willandschoolptfa@gmail.com

Safeguarding - From time to time the school may need to make referrals to Children and Young People's Services

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to military conflicts around the globe, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

FIND OUT WHAT YOUR CHILD KNOWS 1

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



RIGHT TIME, RIGHT PLACE 2

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



KEEP IT AGE APPROPRIATE 3

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



EMPHASISE HOPE 4

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



MONITOR REACTIONS 5

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



CONSIDER YOUR OWN EMOTIONS 6

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



SET LIMITS 7

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



TAKE THINGS SLOWLY 8

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



ENCOURAGE QUESTIONS 9

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



FIND A BALANCE 10

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



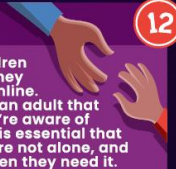
BUILD RESILIENCE 11

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



IDENTIFY HELP 12

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



NOS National Online Safety®
#WakeUpWednesday

Sources: <https://www.bbc.com/news/health-5947805> | <https://www.childnet.com/blog/supporting-your-child-with-upsetting-content/> | <https://www.unicef.org/carers/eng/how-talk-your-children-about-conflict-and-war>

[@natonlinesafety](https://twitter.com/natonlinesafety) [/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety) [@national_online_safety](https://www.tiktok.com/@national_online_safety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.10.2023

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